



# SAN SALVADOR 2023

## XXIV CENTRAL AMERICAN AND CARIBBEAN GAMES



INDES  
INSTITUTO SALVADOREÑO DEL DEPORTE



GOBIERNO DE  
EL SALVADOR



Comité Olímpico  
El Salvador



ALCALDÍA DE  
SAN SALVADOR

CENTRO  
CARIBE  
SPORTS





ROWING



## MANUAL UPDATES



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## 1. ABOUT THIS MANUAL

Published in 2022, the Sports Technical Manuals provide detailed information on each sport competition and discipline at XXIV Central American and Caribbean Games San Salvador 2023, as well as operational information that may be of interest to participating teams.

Each manual includes:

- An introduction to San Salvador and Games 2023.
- Sport-specific information, such competition schedule and format, training and qualification criteria.
- Operational information on accreditation.

While this information is correct as of the date of publication, it may vary according to the updates provided by the Organizing Committee (COSSAN), the International Federation (IF) or Centro Caribe Sports (CCS). Therefore, National Olympic Committees (NOCs) should visit the official website: [www.sansalvador2023.com](http://www.sansalvador2023.com) for updated information.

## 2. ABOUT SAN SALVADOR

San Salvador is the capital and largest city of the Republic of El Salvador and one of the most populous cities in Central America. Located in one of the fourteen departments of the nation, specifically in the department of San Salvador, it houses the headquarters of the three powers of the State, the main economic, development, telecommunications companies, embassies, hotels, the Presidential House of El Salvador, the main museums in the country, residential, economic and commercial areas, monuments and the main headquarters of economic, political, fashion, art and development services in El Salvador.

San Salvador is located in the central zone of the country. Its elevation is between 600 and 1000 meters above sea level. Although the city itself is located at 670 meters above sea level. It limits to the north with the municipalities of Nejapa, Mejicanos, Cuscatancingo, and Ciudad Delgado, to the east with Soyapango and San Marcos, to the south with Panchimalco and also with San Marcos, and to the west with Antiguo Cuscatlán and Santa Tecla.

The geography of the Salvadoran capital is dominated by two great orographic prominences, which make the landscape of the capital unmistakable, since they can be seen from anywhere in the city: the San Salvador Volcano and the San Jacinto

Hill. The first is made up of two large formations: El Picacho, with a height of 1959.97 meters above sea level; and the other, El Boquerón, the most voluptuous formation, 1839.39 meters above sea level, which has a huge crater 1.5 km in diameter. This volcano is representative of the city, to the point that it basically forms its skyline (horizon), paler than any other structure built by human hands in the city, perhaps that is due to the fact that despite a certain real estate boom that the town has experienced since the end of from the 1990s, no structure has become an icon of it, except for the historic buildings. The second largest orographic structure.

Representative of this municipality is the Cerro San Jacinto, which has a height of 1100 meters and that until recently had a cable car at its peak. The aforementioned San Salvador Volcano is located to the west of the city, while Cerro San Jacinto is at its southeast end. These two natural watchtowers frame the valley in which San Salvador sits.

San Salvador has a warm climate all year round, with December, January and February being the coolest. Temperatures remain between 18 and 33 degrees Celsius. The hottest are from March to May. From May to October is the rainy season, usually there are floods (especially in the rivers).

The temperature varies between noon and midnight, due to changes in humidity levels. The highest temperature recorded in San Salvador was 38.5 °C, the lowest was 4.0 °C.

### 3. XIV CENTRAL AMERICAN AND CARIBBEAN GAMES SAN SALVADOR 2023

ACTIVITY	DAY	HOUR	PLACE
Opening Ceremony	Friday, June 23 <sup>rd</sup>	19:00 (Hora El Salvador)	Jorge "Mágico" González National Stadium
Closing Ceremony	Saturday, July 8 <sup>th</sup>	19.00 (Hora El Salvador)	Jorge "Mágico" González National Stadium

COMPETENCES	SPORT PROGRAM
Friday, June 23 <sup>rd</sup> to Saturday, July 8 <sup>th</sup>	Sports: 38 Disciplines: 54

## 4.SPORTS AUTHORITIES

## CENTRO CARIBE SPORTS

## EXECUTIVE COMMITTEE

NAME	POSITION	COUNTRY
Mr. Luis Mejía Oviedo	President	Dominican Republic
Ms. Jimena Saldaña Gutierrez	1st Vice President	Mexico
Mr. Ciro Solano Hurtado	2nd Vice-President	Colombia
Ms. Sara Rosario	3rd Vice President	Puerto Rico
Mr. Eduardo Álvarez	Secretary-general	Venezuela
Mr. Camilo Amado	Treasurer	Panama
Ms. Judith Simons	First Member	Bermuda
Mr. Roberto Herrera Tabio	Second Member	Cuba
Mr. Cristopher Samuda	Third Member	Jamaica
Mr. Ángel Morales	Fourth Member	Us Virgin Islands
Mr. Hans Larsen	Fifth Member	Haiti

## TECHNICAL COMMISSION

NAME	POSITION	COUNTRY
Mr. Bernardo Mesa	Member	Dominican Republic
Mr. Víctor Vargas	Member	Venezuela
Mr. Francis Conrad	Member	Bahamas
Mr. Julio Gómez	Member	Colombia
Mr. Ryan Foster	Member	Jamaica
Mr. Rene Romero	Member	Cuba
Ms. Karla Lecona	Member	Mexico



NATIONAL OLYMPIC COMMITTEE'S MEMBERS OF CENTRO CARIBE SPORTS AND ASSOCIATE MEMBERS

Antigua ANT			GUY Guayana
Aruba ARU			HAI Haití
Bahamas BAH			HON Honduras
Barbados BAR			ISV Islas Virgenes
Belice BLZ			IVB Islas Viergenes GB
Bermuda BER			JAM Jamaica
Costa Rica CRC			LCA Santa Lucia
Cuba CUB			NCA Nicaragua
Islas Caimán CAY			PAN Panamá
Dominica DMA			PUR Puerto Rico
República Dominicana DOM			SKN San Cristóbal y Nieves
Colombia COL			SUR Surinam
Granada GRN			TTO Trinidad y Tobago
Guatemala GUA			VEN Venezuela
México MEX			VIN San Vicente y las Granadinas
PAIS SEDE EL SALVADOR			
<b>MIEMBROS ASOCIADOS</b>			
Martinica (MTQ)			Guadalupe (GLP)
San Marten (SXM)			Guyana Francesa (GUY)
Turk and caicos			Curazao (CUW)



**COSSAN 2023**

XXIV Games Central American and Caribbean, San Salvador 2023.

Organizing Committee.

Address: COSSAN 2023 Calle Los Abetos # 16A Colonia San Francisco,  
San Salvador, El Salvador.

Phone: +(503) 23 39-0200

Web page: [www.sansalvador2023.org](http://www.sansalvador2023.org).

COSSAN 2023 ®

**COSSAN 2023 ORGANIZING COMMITTEE**

NAME	CHARGE
Yamil Alejandro Bukele Perez	President
Rodolfo Mena Gomez	President Representative
Monica Maria Fuentes Velasquez	Vice President
Francisco José Ávalos Alfaro	Deputy Vice President
Jose Armando Bruni Ochoa	Vice-president
Roberto Eduardo Calderon Barahona	Deputy Vice President
Carmen Aida Granillo Barrera	Secretary
Dorys Stefany Rascón Calles	Deputy Secretary
Yanira Elena Salvador Blanco	Treasurer
Juan Jose Roberto Gomez Urrutia	Deputy Treasurer
Morena Ileana Valdez Vigil	First director
Graciela Alejandra Durán de Cristales	Deputy Director
Alvaro Ernesto O'Byrne Cevallos	Second director
Alberto Benjamin Revelo Olmedo	Deputy Second Director
Gloria Ramos de Henríquez	Third director
Jorge Alberto Cabrera Martinez	Deputy Third Director
Dinora Elizabeth Acevedo Wonder	CEO
Lucrecia Argentina Mónico de Calderón	Secretary
Paola Carolina Alvarenga de Vargas	CPO

## TECHNICAL DIRECTION COSSAN 2023

NAME	POSITION
Douglas Bladimir Gamero Menjívar	Technical Operational Coordinator
Stewar Franco Velasco Hidalgo	Technical Administrative Coordinator
Marvin Omar Sanchez Hernandez	Technical Assistant
Carlos Eduardo Hernandez Crespín	Technical Sport Manager
Fátima Guadalupe Mejía Cornejo	Administrative Assistant

## COSSAN 2023 STAFF SUPPORT

NAME	POSITION
Fátima Isabel Quezada Benítez	Translation Assistant
Marilyn Abigail Hernandez Ortiz	Translation Assistant
Guillermo Donato Alas Henríquez	Process Assistant

## KEY PERSONNEL

AUTORIDADES DEPORTIVAS	NOMBRE	CONTACTO
Federación Mundial de Remo	Jean-Christophe Rolland	info@worldrowing.com
Confederación Panamericana de Remo	Fernando Ucha Martínez	copare.presidencia@gmail.com

## 5. PLACE AND DATE OF COMPETITION

The Rowing competition of the XXIV Central American and Caribbean Sports Games, El Salvador 2023, will be held from June 23rd to 28th, 2023 at the Lago de Ilopango (Club Corinto).

## 6. ELIGIBILITY

To be eligible to participate in the XXIV Central American and Caribbean Games San Salvador 2023, athletes must abide by the (CCS) statute and (WR) rules and must be duly registered by their NOC.

### MINIMUM PARTICIPATION

For an event to be considered official, five (5) representations of equal number of National Olympic Committees shall participate. In case, after the celebration of the Technical Meeting, one or several representations are unable to participate due to force majeure confirmed by (CCS).

### NATIONALITY

Any athlete participating in the XXIV Central American and Caribbean Games San Salvador 2023, must have the nationality of the NOC country that registered them. The competitor's nationality is determined according to the (CCS) Regulations.

## 7. REGISTRATION

All countries, through their respective National Olympic Committees (NOC), must send their Sports Entry requests in the official forms that the Organizing Committee will send opportunely no later than 24:00 hours (El Salvador time) on day May 23<sup>rd</sup>, of 2023. The Sports in which they are going to participate in the XXIV Central American and Caribbean Games, San Salvador 2023 must be indicated in it. (The forms that will be published on the official WEB site: [www.sansalvador2023.org](http://www.sansalvador2023.org)).

### NUMERICAL REGISTRATION

The Numerical Registration forms, which indicate the number of participants in each individual and team event, must be sent to the Organizing Committee of the XXIV Central American and Caribbean Sports Games, El Salvador 2023 no later than February 23<sup>rd</sup>, 2023 before 23:59 (El Salvador time), in accordance with the provisions of the Centro Caribe Sports (CSS) Regulations.

### NOMINAL REGISTRATION – LONG LIST

The “Nominal List - Long List”: of athletes, Team Officials, technical bodies, administrative and auxiliary personnel must be sent by each (NOC) no later than 23:59:59 (El Salvador Time) on March 23<sup>rd</sup>, 2023.

They may register up to double the quota established for each sport. The Long List must be registered in the form established by the Organization to comply with the closing date, for any questions or clarification in this regard, the Organizing Committee puts at your disposal the email: [inscripciones@sansalvador2023.org](mailto:inscripciones@sansalvador2023.org).

## NOMINAL REGISTRATION

Required to be made in the corresponding format through the respective NOC and received before midnight (El Salvador Time) on May 23<sup>rd</sup>, 2023, presented before the Organization of the XXIV Central American and Caribbean Games San Salvador 2023. The sports and gender in which they will participate must be indicated.

## 8. IMPORTANT DATES

Sending of the Calculator to the CONS	October 23 <sup>rd</sup> , 2022
Sending of the NOC registration information package (long list, numerical and nominal registration dates)	November 25 <sup>th</sup> , 2022
Calculator Reception	December 23 <sup>rd</sup> , 2022
Deadline for Numerical Registration	February 23 <sup>rd</sup> , 2023
Deadline for receipt Long List	March 23 <sup>rd</sup> , 2023
Deadline for Nominal Sports Registrations	May 23 <sup>rd</sup> , 2023
Start of Delegation Registration Meetings	June 17 <sup>th</sup> to 21 <sup>st</sup> , 2023
Games Opening Ceremony	June 23 <sup>rd</sup> , 2023

## 9. PARTICIPATION SYSTEM

### STAKE CALLED EVENTS, QUOTS FOR ATHLETES AND MEDALS

#### QUOTAS

QUOTA ATHLETES	
GENDER	CLASIFICACION
MENS	36
WOMENS	36
<b>TOTAL</b>	<b>72</b>

QUOTA POR CON	
GENDER	CLASIFICACION
MENS	7

WOMENS	7
TOTAL	14

### EDALS

BOAT	GOLD	SILVER	BRONZE
M1X	1	1	1
M2X	1	1	1
M2-	1	1	1
LM1X	1	1	1
LM2X	1	1	1
M4X	1	1	1
<b>TOTAL MEDALS</b>	<b>6</b>	<b>6</b>	<b>6</b>
W1X	1	1	1
W2X	1	1	1
W2-	1	1	1
LW1X	1	1	1
LW2X	1	1	1
W4X	1	1	1
<b>TOTAL MEDALS</b>	<b>6</b>	<b>6</b>	<b>6</b>
MIX 4X	1	1	1
<b>TOTAL MEDALS</b>	<b>13</b>	<b>13</b>	<b>13</b>

### COMPETITION FORMAT

MASCULINO
M1X - Un par de remos cortos M1x
M2X - Dos pares de remos cortos M2x
M2- Dos sin Timonel
LM1X Un par de remos cortos peso ligero ML1x
LM2X Dos pares de remos cortos peso ligero ML2x
M4X Cuatro remos largos sin timonel Mix 4-
FEMENINO
W1X - Un par de remos cortos W1x
W2X - Dos pares de remos cortos W2x
W2- Dos remos largos sin timonel W2-
LW1X - Un par de remos cortos peso ligero WL1x
LW2X - Dos pares de remos cortos peso ligero WL2x
LW4X - Cuatro pares de remos cortos W4x

## 10. COMPETITION SCHEDULE

FECHA	HORA	EVENTO
TBD	TBD	M1X
TBD	TBD	M2X
TBD	TBD	M2-
TBD	TBD	LM1X
TBD	TBD	LM2X
TBD	TBD	M4X
HOMBRES		
TBD	TBD	W1X
TBD	TBD	W2X
TBD	TBD	W2-
TBD	TBD	LW1X
TBD	TBD	LW2X
TBD	TBD	W4X
MUJERES		
TBD	TBD	MIX 4X

## 11. TRAINING VENUES

Lago de Ilopango (Club Corinto)

## 12. GENERAL RULES

The competitions of the XXIV Central American and Caribbean Games San Salvador 2023 will be held in accordance with the Statute of Centro Caribe Sports (CCS) and the Regulations of the corresponding International Federation in force during the Games. Cases not provided for in the aforementioned regulations will be resolved as follows:

- a. Cases of a general nature will be resolved in accordance with the Statute of Centro Caribe Sports (CCS) and the Regulations of the Central American and Caribbean Games.



### 13. TECHNICAL OFFICIALS

#### JUDGES AND REFEREES

The international technical officers will be from the countries participating in the games, if they have the category of accredited or certified by the Rowing Federation (WR).

### 14. PROTESTS AND APPEALS

They will be carried out in accordance with the current International Rowing Federation (WR) Regulations.

### 15. AWARDS

The awards will be made in accordance with the regulations of Centro Caribe Sports (CCS).

**First Place:** Gold Medal.

**Second Place:** Silver Medal.

**Third Place:** Bronze Medal.

### 16. TECHNICAL ORGANIZATION

It will be in charge of the International Technical Delegate appointed by the Central American and Caribbean Confederation of xxxxxxxx.

### 17. TECHNICAL MEETING

The Technical Meeting will be held on June 23<sup>rd</sup>, 2023 at Salon UES.

Up to two representatives of each National Olympic Committees (NOCs) may attend this Technical Meeting.

The invitation card for the Technical Meeting will be available to the Team Leaders at the Sports Information Center of the Central American and Caribbean Village from the day of their arrival.

The Technical Delegate and the Rowing Competition Director of the Organizing Committee (COSSAN) will lead the meeting, which will be conducted in Spanish with translation into English.

## 18. UNIFORMS

They must comply with the Regulations of the Central American and Caribbean Games and the corresponding International Federation, as well as Rule 51 of the International Olympic Committee (IOC), according to the rules established for the National Olympic Committees (NOCs) in the guidelines for the Use of Manufacturers' Registered Trademarks.

## 19. SPORTS EQUIPMENT

The Organizing Committee will supply the equipment for the competition, warm-up and training. All equipment will comply with the specifications of the current International Confederation of the World Rowing Federation (WR).

## 20. DOPING CONTROL

Doping control will be carried out in accordance with the provisions of the Medical Commission of Centro Caribe Sports (CCS), the Regulations of the corresponding World Rowing Federation (Wr) and will follow the standards and the 2023 version of the procedures of the WADA World Anti-Doping Program.

## 21. CLASIFICACION SYSTEM TO SAN SALVADOR

BOTE	DIRECTO	INDIRECTA	HOST	ATHLETAS	TOTAL BOTES
M1X	3	4*	1*	3	8
M2X	4		1	10	5
M2-	5			10	5
LM1X	3	4*	1*	3	8
LM2X	4		1	10	5
M4X		WITH ALREADY QUALIFIED ATHLETES			
		TOTAL		36	
W1X	3	4*	1*	3	8
W2X	4		1	10	5

W2-	5			10	5
LW1X	3	4*	1*	3	8
LW2X	4		1	10	5
W4X		WITH ALREADY QUALIFIED ATHLETES			
		SUMA		36	
MIX 4X		WITH ALREADY QUALIFIED ATHLETES			
		TOTAL ATHLETES		72	

Athletes running in the 1x, 2x, L2x and 2- double in the 4x and 4- Mix will be required.

Only 1 jackpot is allowed to participate in each test per Federation.

## SYSTEM OF COMPETENCES

### Women

A Federation that qualifies in the W2x in the Qualifying Event will automatically receive registrations for the W1x event, and you will not be able to independently qualify for the W1x event.

A Federation that qualifies in the LW2x in the Qualifying Event will automatically receive registrations for the LW1x event, and you will not be able to independently qualify for the LW1x event. If a Federation that qualifies in W2x and also ranks in the top three in W1x, the W1x qualification spot will be offered to the next ranked participant who did not qualify in W1x.

A Federation that qualifies 4 athletes in either the W1x, LW1x, W2x, LW2x or W2- in the Qualifying Event will automatically receive registrations for the W4x event.

### Men

A Federation that qualifies in the M2x in the Qualifying Event will automatically receive entries for the M1x event, and you will not be able to independently qualify for the M1x event.

A Federation that qualifies in the LM2x in the Qualifying Event will automatically receive entries for the LM1x event, and you will not be able to qualify independently for the LM1x event.

If a Federation qualifies in M2x and also ranks in the top three in W1x, the M1x qualification spot will be offered to the next qualified participant who did not qualify in M1x.

A Federation that qualifies 4 athletes in either the M2x, LM2x or M2- in the Qualifying Event will automatically receive entries for the M4x event.

#### Mixed

A Federation that qualifies 4 athletes, 2 women and 2 men in the W2-, M2-, LW2x or LM2x in the Qualifying Event will automatically receive entries for the 4- Mix event.

#### Confirmation of Places

The Pan American Rowing Confederation will confirm Panam Sports and the NOCs that have qualified no later than November, 2022 The NOCs will confirm to Panam Sports and the Pan American Rowing Confederation the places they will use no later than XXXXXXXX

#### Reallocation of unused places

If necessary, the Pan American Rowing Confederation will reassign unused places to the next best placed NOC that has not yet qualified, no later than XXXXXXXX NOCs that have received reassigned places must confirm their participation no later than XXXXXXXX

## 22. GENERAL PROVISIONS

The Executive Committee of Centro Caribe Sport is broadly empowered to resolve any problem that is not contemplated in these regulations, in coordination with the Organizing Committee of the Games. Everything related to the applicable regulations, the promotion and advertising of equipment, materials and sportswear will be governed by the Promotion and Advertising Regulations of Centro Caribe Sports (CCS) and Rule 51 of the Olympic.