



The Bermuda Olympic Association

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## Central American & Caribbean Games 2026 Aquatics Standards

<b>Women's</b>	<b>Event</b>	<b>Men's</b>
26.78	50 m Freestyle	23.72
58.66	100 m Freestyle	52.63
2:07.31	200 m Freestyle	01:55.7
4:27.01	400 m Freestyle	4:09.64
9:09.95	800 m Freestyle	8:32.88
17:24.20	1500 m Freestyle	16:27.69
30.47	50 m Backstroke	26.71
1:04.80	100 m Backstroke	58.53
2:19.69	200 m Backstroke	2:06.96
33.07	50 m Breaststroke	29.43
1:12.75	100 m Breaststroke	1:04.52
2:36.03	200 m Breaststroke	2:22.34
27.71	50 m Butterfly	25.26
1:02.59	100 m Butterfly	56.09
2:18.18	200 m Butterfly	2:05.17
2:23.07	200 m Ind. Medley	2:09.32
4:59.91	400 m Ind. Medley	4:35.09

### CAC Games Qualification Period for Aquatics (Swimming)

Dates: June 15, 2025 to June 15, 2026