



The Bermuda Olympic Association

Telephone: (441) 295-7146  
Email: admin@olympics.bm  
Website: www.olympics.bm

P.O. Box HM 1665  
Hamilton HM GX  
Bermuda

## Commonwealth Games 2026 Aquatics Standards

<b>Women's</b>	<b>Event</b>	<b>Men's</b>
26.28	50 m Freestyle	23.27
57.56	100 m Freestyle	51.65
2:04.92	200 m Freestyle	1:53.54
4:22.01	400 m Freestyle	4:04.97
8:59.64	800 m Freestyle	8:23.27
17:04.63	1500 m Freestyle	16:09.18
29.89	50 m Backstroke	26.21
1:03.59	100 m Backstroke	57.43
2:17.07	200 m Backstroke	2:04.58
32.45	50 m Breaststroke	28.88
1:11.38	100 m Breaststroke	1:03.31
2:33.11	200 m Breaststroke	2:19.67
27.19	50 m Butterfly	24.79
1:01.42	100 m Butterfly	55.04
2:15.59	200 m Butterfly	2:02.82
2:20.39	200 m Ind. Medley	2:06.89
4:54.29	400 m Ind. Medley	4:29.93

### Commonwealth Games Qualification Period for Aquatics (Swimming)

Dates: June 15, 2025 to June 15, 2026